

Penn State Milton S. Hershey Medical Center

| | AM | PM |
|-------------------|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAYS | 8-9 : Radiology – review of procedures and teaching cases. 9-12 noon: Motility Procedures (see below) | 12-4 pm: Research/ prepare Review article/Motility Manual review 4-5 pm: Didactic Powerpoint lecture (AO) |
| TUESDAYS | 8-12: Clinic with DB | 1-5 pm: Clinic with AO |
| WEDNESDAYS | 7:30 am: Pathophysiology conference or Grand Rounds 8-12 noon: Motility Procedures | 1-3 pm: Motility Readings 3-5pm: Clinical Case Conference * last Wednesday of the month Visiting Fellow to present Motility Case Conference |
| THURSDAYS | 8-12 noon: Clinic with DB | 1-2 pm: Journal Club (twice in the month) alternating with Motility Manual review and free time 2-3 pm: Didactic lecture -DB 3-5 pm :Motility Readings and review |
| FRIDAYS | 7.30 – 8.30 Pathophysiology/Nutrition conference 8.30 -12 noon: Clinic with AO | Free time/ Research/ prepare Review article/Motility Manual review |

AO= Ann Ouyang, MD, Graham H. Jeffries Professor of Medicine

DB= Deborah Bethards, MD, Associate Professor of Medicine

Neurogastroenterology & Motility Program at Penn State Milton S. Hershey Medical Center

Hershey Medical Center is a tertiary care center responsible for thousands of central Pennsylvania patients. The Motility program has two dedicated motility experts as well as ancillary motility laboratory support staff. We perform over 600 motility procedures per year in our Endoscopy/Motility area in addition to other studies done on campus including gastric emptying and defecography. We have relevant and mutually beneficial interaction with our colorectal and general surgeons as well as our radiologists; we have had excellent experience with our local supporting Biofeedback program.

Procedures: Fellows will have the opportunity to observe and read:

1. High Resolution Esophageal Motility studies
2. pH/Impedance
3. Bravo capsule
4. SmartPill
5. Anorectal Manometry

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6. Endoanal Ultrasound
7. Defecography (in radiology, Dr. Hartmann)
8. Breath Testing
9. Gastric emptying by scintigraphy (in nuclear medicine)
10. EGG
11. Biliary Manometry

Visiting Fellows all receive a comprehensive Motility Manual with “Gastrointestinal Motility Training Guidelines & Recommendations”, motility resource information, current frequently updated applicable journal articles, motility study examples and motility reading /report examples.

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